bar&kitchen banyan

2 Course Events Menu

Starters

SALT & PEPPER SQUID

Peppers, chillies, shallots and Thai dressing. Served with pineapple & ginger dipping sauce. 383kcal

BUFFALO MOZZARELLA & VINE TOMATO BRUSCHETTA (V)

With sun-dried tomato tapenade, fresh basil and served on toasted rosemary focaccia. 417kcal

ONION BHAJI (VE) (NG)

Served with mango chutney and mint yoghurt. 643kcal

WHITE BEAN HOUMOUS (V)

Hot honey, mixed seeds, crisp vegetable crudités and toasted flatbread. 393kcal **GO VEGAN** without hot honey **(VE)** 326kcal

BANG BANG CHICKEN SKEWERS (N)

Drizzled with satay sauce, sesame seeds and caramelised peanuts. 716kcal

nda

Mains

BANG BANG CHICKEN FRIED RICE (N)

Crispy fried chicken smothered in bang bang sauce, egg fried rice, chilli peanuts and sesame & soy dressing. 1386kcal GO VEGGIE with Quorn fillet (V) (N) 1323kcal

FLAT IRON STEAK +5.00

6oz steak marinated and pan-fried with crispy fried oyster mushrooms and salsa verde. Served pink with house fries. 757kcal ADD Peppercorn sauce for 1.50 +64kcal

FETA, BACON & LENTIL SALAD (NG)

Avocado, grapes, cucumber, tenderstem broccoli, golden beetroot, sun-dried tomatoes, red & white chicory with an agave & mustard dressing. 682kcal **GO VEGAN** with vegan feta and

La Vie bacon rasher (VE) (NG) 591kcal

THAI RED CURRY +4.00

Marinated in Thai spices, coconut milk and roasted. Served with pak choi, basmati rice and Thai red curry sauce. CHICKEN 967kcal / SEABASS 796kcal

Our burgers are served with house fries. UPGRADE to sweet potato fries for 90p +106kcal

DELUXE BURROWS BURGER

Our classic burger with gem lettuce, tomato, salsa and mayo in a brioche bun. 1150kcal ADD Monterey Jack cheese for 1.50 +75kcal ADD Bacon for 2.50 +159kcal 25p from the sale of this burger will be donated to the Motor Neurone Disease Association.

KOREAN FRIED CHICKEN BURGER

Crispy coated chicken with Korean gochujang glaze, pickled carrot & red cabbage, sriracha mayo, tomato and gem lettuce in a brioche bun. 1317kcal GO VEGAN swap to Quorn buttermilk fillet (VE) 1163kcal

Desserts

TRIO OF ICE CREAM (V) (NG)

- Choose 3 from below:
- Vanilla 91kcal per scoop
- · Dark chocolate 100kcal per scoop
- · Strawberries & cream 100kcal per scoop
- Matcha 95kcal per scoop
- · Raspberry Sorbet (VE) 96kcal per scoop

STRAWBERRY & RHUBARB CRUMBLE BLONDIE (V) (N)

Served warm with strawberry ice cream. 485kcal

Adults need around 2000kcal a day. If you have a food allergy or are sensitive to certain ingredients, please ask a manager for assistance. (V) Vegetarian (VE) Vegan (N) Contains nuts (NG) Non-gluten containing ingredients

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals. Not all allergens are listed on the menu. We do not include 'may contain' information. Our menu descriptions do not include all ingredients. A full list of ingredients used in each dish is available for your peace of mind.