# 2 Courses for 17.95

SUNDAY TO FRIDAY, FROM 4PM | CHOOSE A MAIN, PLUS EITHER A STARTER OR A DESSERT

# Starters

### SALT & PEPPER SQUID

Peppers, chillies, shallots and Thai dressing. Served with pineapple & ginger dipping sauce. 383kcal

#### **BUFFALO MOZZARELLA &** VINE TOMATO BRUSCHETTA (V)

With sun-dried tomato tapenade, fresh basil and served on toasted rosemary focaccia. 417kcal

#### **ONION BHAJI (VE) (NG)**

Served with mango chutney and mint yoghurt. 643kcal

# Mains

### BANG BANG CHICKEN FRIED RICE (N)

Crispy fried chicken smothered in bang bang sauce, egg fried rice, chilli peanuts and sesame & soy dressing. 1386kcal

GO VEGGIE with Quorn fillet (V) (N) 1323kcal

#### FLAT IRON STEAK +5.00

6oz steak marinated and pan-fried with crispy fried oyster mushrooms and salsa verde. Served pink with house fries. 757kcal ADD Peppercorn sauce for 1.50 +64kcal

#### FETA, BACON & LENTIL SALAD (NG)

Avocado, grapes, cucumber, tenderstem broccoli, golden beetroot, sun-dried tomatoes, red & white chicory with an agave & mustard dressing. 682kcal GO VEGAN with vegan feta and La Vie bacon rasher (VE) (NG) 591kcal

#### THAI RED CURRY +4.00

Marinated in Thai spices, coconut milk and roasted. Served with pak choi, basmati rice and Thai red curry sauce.

CHICKEN 967kcal / SEABASS 796kcal

## **Desserts**

#### STRAWBERRY & RHUBARB CRUMBLE BLONDIE (V) (N)

Served warm with strawberry ice cream. 485kcal

#### MINI NUTELLA DOUGHNUTS (V) (N)

Served warm with vanilla ice cream and toasted hazelnuts. 675kcal

#### WHITE BEAN HOUMOUS (V)

Hot honey, mixed seeds, crisp vegetable crudités and toasted flatbread. 393kcal GO VEGAN without hot honey (VE) 326kcal

#### BANG BANG CHICKEN SKEWERS (N)

Drizzled with satay sauce, sesame seeds and caramelised peanuts. 716kcal

Our burgers are served with house fries. **UPGRADE** to sweet potato fries for 90p +106kcal

#### DELUXE BURROWS BURGER

minda Our classic burger with gem lettuce, tomato, salsa and mayo in a brioche bun. 1150kcal ADD Monterey Jack cheese for 1.50 +75kcal ADD Bacon for 2.50 +159kcal 25p from the sale of this burger will be donated to the Motor Neurone Disease Association.

#### KOREAN FRIED CHICKEN BURGER

Crispy coated chicken with Korean gochujang glaze, pickled carrot & red cabbage, sriracha mayo, tomato and gem lettuce in a brioche bun. 1317kcal

GO VEGAN swap to Quorn buttermilk fillet (VE) 1163kcal

#### TRIO OF ICE CREAM (V) (NG)

Choose 3 from below:

- · Vanilla 91kcal per scoop
- Dark chocolate 100kcal per scoop
- Strawberries & cream 100kcal per scoop
- Matcha 95kcal per scoop
- · Raspberry Sorbet (VE) 96kcal per scoop

### Add some extras to get you started

NOCELLARA OLIVES (VE) (NG) 5.50 161kcal

ARTISAN BREAD (V) 6.00 745kcal

#### EDAMAME BEANS (VE) 4.95 238kcal

#### PRAWN CRACKERS (NG) 2.95 88kcal

BLISTERED PADRON PEPPERS (VE) (NG) 4.95 103kcal

Adults need around 2000kcal a day. If you have a food allergy or are sensitive to certain ingredients, please ask a manager for assistance.

#### (V) Vegetarian (VE) Vegan (N) Contains nuts (NG) Non-gluten containing ingredients

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals. Not all allergens are listed on the menu. We do not include 'may contain' information. Our menu descriptions do not include all ingredients. A full list of ingredients used in each dish is available for your peace of mind. An optional service charge of 10% will be added to your bill. All tips and service charge will be shared between the team. All offers can be removed at any time (without notice) and are not available on a bank holiday or the day before a bank holiday. Timings of our offers may vary per site