

NIBBLES

MARINATED GREEN OLIVES	ARTISAN BREAD	BLISTERED PADRON PEPPERS	EDAMAME BEANS
3.95154 kcal	4.95902 kcal	3.95109 kcal	3.95255 kcal

Take your time

BANYAN PLATTER

Bang bang chicken skewers drizzled with satay sauce, padron peppers, onion bhaji, Brie wedges, chicken samosa, king prawn spring rolls, avocado & sumac houmous, olives and warmed pitta bread.

Made for sharing

CHOOSE 3 FOR £19.50 OR 4 FOR £25.50

Start or share

SMALL PLATES

MEAT

BANG BANG CHICKEN SKEWERS 7.75
Drizzled with satay sauce and caramelised peanuts.

CRISPY DUCK BAO 7.50
Hot and sweet glazed duck, cucumber, pickled carrot and red cabbage, miso mayo, served in a light and fluffy steamed bun.

CHICKEN SAMOSA 7.50
Served with mango chutney and minted yoghurt.

VEGETARIAN

GOAT'S CHEESE & SPINACH ARANCINI 7.95
Fried rice balls with a red pepper and garlic sauce, served with a parmesan crisp.

DEEP FRIED BRIE WEDGES 7.75
Japanese breadcrumb Brie and caramelised onion chutney.

ITALIAN BURRATA 7.50
Creamy mozzarella style cheese served with red and yellow vine tomatoes and fresh basil pesto.

FISH

BAHARAT PRAWN TACOS 7.50
Middle Eastern style prawns with spring onion, cucumber, mango and chilli served with salsa verde and chipotle ketchup.

SALT & PEPPER CALAMARI 7.95
Served with aioli and lemon.

KING PRAWN SPRING ROLLS 7.95
King prawns with coriander and garlic, hand-rolled in a crispy pastry and served with a sweet chilli dip.

VEGAN

ONION BHAJI 6.95
Served with mango chutney and minted yoghurt.

AVOCADO & SUMAC HOUMOUS 7.50
Warmed toasted pitta bread, vegetable crudite, mixed seeds, goji berries.

ROASTED RED PEPPER & TOMATO SOUP 5.95
Served with warm ciabatta.

SANDWICHES

Served with house fries. Upgrade to sweet potato fries or gastro chips for 1.50

CHICKEN FAJITA WRAP 10.95
Grilled Cajun chicken breast, Monterey Jack cheese, tomato salsa, jalapeños, roast peppers, guacamole and sour cream in a tortilla wrap.

BANYAN CHICKEN CLUB 10.95
Crispy bacon rashers, roast chicken, egg mayonnaise, gem lettuce and tomato in a toasted rustic ciabatta.
Go 'naked' and enjoy this sandwich without the ciabatta, served with sweet potato wedges and sriracha mayonnaise.

ONION BHAJI WRAP 10.50
Crispy onion bhaji, pickled carrots and red cabbage, mango chutney and minted yoghurt in a beetroot wrap.

CHICKEN TIKKA KEBAB 10.95
Warmed naan bread with succulent pulled chicken tikka, mango chutney, salsa verde, red onion, tomato, gem lettuce, cucumber minted yoghurt and coriander.

SMOKED SALMON & PRAWN FLATBREAD 11.75
Scottish smoked salmon, North-Atlantic prawns, avocado houmous, gem lettuce, cucumber and tomato on a warmed open flatbread. Topped with Marie Rose sauce, pomegranate and lemon oil.

RUSTIC CIABATTA STEAK MELT 12.50
Tender steak fillet, rich sautéed mushrooms, Monterey Jack cheese, watercress, red onion marmalade and wholegrain mustard mayonnaise on a rustic ciabatta.

MAINS

GRILL

CHICKEN SKEWER 14.95
Grilled and layered with fresh Mediterranean vegetables served with a warmed wrap, sweet chilli sauce and house fries or salad.

HALLOUMI SKEWER 14.75
Grilled and layered with corn on the cob and peppers served with a warmed wrap, sweet chilli sauce and house fries or salad.

ALPINE CHICKEN SCHNITZEL 14.95
Flattened chicken breast layered with Emmental cheese and ham, encased in a golden crumb and topped with a fresh tomato salsa. Served with house fries and aioli.

RAS EL HANOUT HALF ROAST CHICKEN 14.95
Roasted in Moroccan spices with rosemary and garlic butter, harissa mayo, served with house fries and mixed salad.

MAC 'N' CHEESE 10.50
Macaroni pasta with four cheese sauce, topped with a Marmite crumb.

CHICKEN SPIRELLI 12.50
Pasta spirals, chicken breast, julienne vegetables and broccoli florets, lightly coated in a parmesan cream with a touch of garlic, basil and pine nuts.

FAVOURITES

REVITALISE BOWL 11.95
A nourishing mix of halloumi, roast butternut squash, red and golden beets, avocado, tomato, roast peppers, quinoa and a superfood dressing.

CALIFORNIA SUSHI BOWL 12.50
Smoked salmon, avocado, cucumber, pickled carrot, red cabbage and sushi rice. Served with fresh mango salsa and teriyaki sauce.

CHOOSE crispy fried tofu for a vegan option.

FIRECRACKER CHICKEN SALAD 12.50
Hot and sticky fried chicken on a bed of shredded oriental vegetable salad, topped with crushed chilli peanuts, Ponzu dressing and fresh lime.

LIGHTER

Our beef burgers are served with gem lettuce and tomato on a brioche bun with house fries. Upgrade to sweet potato fries for 1.50 or go 'naked' and enjoy your burger bun-free and served with sweet potato wedges.

DELUXE BURGER 11.50
Our classic burger with salsa and mayo.
ADD Monterey Jack cheese for 1.25 +75 kcal

BANYAN BURGER 13.95
Our signature burger is stacked with crispy bacon, wholegrain mustard mayonnaise, BBQ sauce, Monterey Jack cheese and crispy onions.

BURROWS BURGER 13.95
Beef burger stacked with crispy bacon, Monterey Jack cheese, diced onion, pickles, jalapeños, mayo, ketchup and French's mustard.

25p from the sale of this burger will be donated to the Motor Neurone Disease Association.



Classics & specialities

8oz RUMP STEAK 17.95
21 day aged, served with gastro chips, beer battered onion rings and your choice of peppercorn or béarnaise sauce.

10oz SIRLOIN STEAK 25.50
21 day aged, served with gastro chips, beer battered onion rings and your choice of peppercorn or béarnaise sauce.

STEAK & ALE PIE 14.50
Swaledale rare breed beef and a rich dark ale gravy in shortcrust pastry. Served with seasonal greens and your choice of creamy mashed potatoes or gastro chips.

THAI RED CHICKEN CURRY 14.95
Authentic Thai red curry with butternut squash, sugar snap peas, red peppers, spring onions and cashew nuts in a creamy, spicy coconut sauce. Served with a chapati and fragrant basmati or cauliflower rice.

ROAST CAULIFLOWER MALAYAN CURRY 13.95
Spiced roasted cauliflower, red pepper, sugar snap peas, butternut squash and spring onions in a coconut curry sauce. Served with a chapati and fragrant basmati rice or cauliflower rice.

BIBIMBAP SALAD 12.95
Korean style salad with honey and soy beef fillet strips, cherry tomatoes, pickled carrots and red cabbage, fresh spinach, black rice salad, sesame and soy dressing and a fried egg.

TERIYAKI SALMON 14.95
Marinated boneless salmon supreme served with stir-fried vegetables and fragrant rice, topped with teriyaki sauce.

HARISSA ROAST CAULIFLOWER 12.50
Served with a Moroccan spiced tomato sauce and warm couscous, topped with minted yoghurt, toasted almonds and pomegranate.

GREENHOUSE BURGER 14.25
Meat-free Beyond burger, smoked Gouda cheeze, veganaise, sliced red onion and mango salsa in a brioche style bun.

KOREAN FRIED CHICKEN BURGER 13.25
Crispy coated chicken with Gochujang glaze, pickled carrot and red cabbage, sriracha mayo, tomato, gem lettuce, brioche bun.

CAJUN CHICKEN BURGER 13.25
Buttermilk marinated chicken breast topped with Caesar mayonnaise and crisp slaw. Served with an individual chicken gravy dipping pot.

SIDES

A little something extra

HOUSE FRIES 3.75

GASTRO CHIPS 3.95

SWEET POTATO FRIES 3.95

BEER BATTERED ONION RINGS 3.95

MAC 'N' CHEESE 4.25

TOMATO AND RED ONION SALAD 4.00

TENDERSTEM BROCCOLI 4.25
With chilli and garlic.

DESSERTS

Room for more?

TERRY'S CHOCOLATE ORANGE BROWNIE 7.25
With traditional vanilla ice cream.

STICKY TOFFEE PUDDING 6.95
Served with ice cream or custard.

MINI NUTELLA DOUGHNUTS 6.95
Served warm with vanilla ice cream and toasted hazelnuts.

BAKED VANILLA CHEESECAKE 6.50
Served with raspberry sorbet.

BLACK FOREST SUNDAE 6.95
Vanilla ice cream and rich dark chocolate sponge topped with black cherry compote, whipped cream and dark chocolate crumble.

TRIO OF ICE CREAM 6.00
· Vanilla 91 kcal per scoop
· Dark chocolate 100 kcal per scoop
· Strawberries & cream 100 kcal per scoop
· Honeycomb 115 kcal per scoop

ADULTS NEED AROUND 2000 KCAL A DAY. IF YOU HAVE A FOOD ALLERGY OR ARE SENSITIVE TO CERTAIN INGREDIENTS, PLEASE ASK A MANAGER FOR ASSISTANCE.

Ve Vegan **V** Vegetarian **N** Contains Nuts **GF** Gluten free **VED** Vegan option **GFO** Gluten free option **VO** Vegetarian option

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals. Not all allergens are listed on the menu. We do not include 'may contain' information. Our menu descriptions do not include all ingredients. A full list of ingredients used in each dish is available for your peace of mind. An optional service charge of 10% will be added to your bill. Tips will be given to the team on duty that prepare and serve your food.