

REGULATION CHANGES FOR CONSULTATION

Committee:	Medical Committee
Date of Meeting:	27 July 2026
Closing date for consultation:	11 September 2026
Email for comments:	medicalconsultation@motorsportuk.org

Proposed Regulation

Chapter 6 – Licensing

Appendix 2 – Medical

4. Medical Declaration – National Car, Truck, Race Venue Kart Racing and all International Licence Applicants

4.1. The following medical examination and reporting provisions apply to all applicants for **National Car, Truck and Race Venue Kart Racing Race Competition Licences** and to all applicants for **International Competition Licences**. Medical examination should be reported by the applicant's GP but may be reported by an alternative medical practitioner suitably qualified to practice medicine in the UK and acceptable to the **ASN**.

4.2. In all cases the **Licence** can only be granted within 3 months of the date of the relevant medical examination after which date the relevant medical report must be revalidated by the original examining medical practitioner.

54.3 National Race Licences:

4.35.1 All applicants for **National Race Competition Licences** under the age of 60 at the date of application for **Licence** must comply with **Arts.2.1 – 2.3 above** and if applicable **Arts.97.1 – 97.6 below**.

4.35.2 All applicants for an upgrade of **Licence** must conform to the relevant Licence grade medical requirements.

4.35.3. All the following age intervals a medical examination and a vision test per **Arts.6.74.10 – 75.2 below** and a 12 Lead Resting ECG will be required:

- a. 60
- b. 65
- c. 70
- d. 72
- e. 74
- f. Annually from 75

6.4.4. International Licences:

4.4.6.1 The following requirements apply to all applicants for all grades of **International Competition Licences** including **Co-Drivers** on **International Rallies**:

- a. Aged ~~45~~9 and under - RENEWAL & FIRST TIME APPLICATION
 - i. 12 lead ECG every ~~24~~ 36 months
 - ii. Medical examination and eye test per **Arts. ~~6.74.10~~ – 75.2 below** every 12 months
- b. Aged ~~56~~0 to 74 – RENEWAL & FIRST TIME APPLICATION.
 - i. Stress Related ECG per **Art. ~~86.1 below~~** every ~~24~~36 months.
 - ii. **12-lead resting ECG every 12 months.**
 - iii. Medical examination and eye test per **Arts. ~~6.74.10~~ – 75.2 below** every 12 months.
- c. Aged 75+ - RENEWAL & FIRST TIME APPLICATION.
 - i. Stress Related ECG per **Art. ~~86.1 below~~** **annually** every ~~12 months~~.
 - ii. Medical examination and eye test per **Arts. ~~6.74.10~~ – 75.2 below** **annually** every ~~12 months~~.

6.2.4.5. No **Car, Truck, Race Venue Kart Racing** or **International Licence** will be issued until the **Medical Examination Report** if required has been completed endorsed and signed by the applicant's GP.

6.3.4.6. In the event of any uncertainty as to whether or not the applicant satisfies the Medical requirements the examination form should be signed by the GP and should then be sent directly to the **ASN Medical Administrator** with any additional information which may be of assistance.

6.4.4.7. Any fee charged for the medical examination is the responsibility of the applicant. This also applies to any additional reports and Specialist examinations requested by the **ASN** in connection with an application for a **Competition Licence**.

6.5.4.8. The medical examination should be carried out to a standard similar to that required for Life Insurance but with specific attention to the following:

- a. Diabetics requiring treatment with insulin will not normally be issued with a **Licence** valid for **Racing, Karting, Kart Clubman, Rallycross, Stage Rallying** or **International Rallying**. In certain circumstances the **Medical Consultant** at the **ASN** will be prepared to consider applications in writing by Insulin controlled Diabetics. Each applicant would need to present themselves to a Diabetics Specialist recommended by the **ASN** and any costs incurred would be borne by the applicant.
- b. Epilepsy: In all cases **Art.2.4 above** applies. Epilepsy is incompatible with fitness to **Race, Kart, Kart Endurance, Kart Tyro, Kart Bambino, Rallycross** or **Stage Rally**. If a person with epilepsy has not had a seizure or medication to prevent or control fits for a period of ten years they may present that case to the **ASN Medical Consultant** for consideration. For other types of **Event** a person with epilepsy may be considered for a **Competition Licence** provided they can show that they have not had a fit for five years whether on or off medication.

6.6.4.9. The following medical conditions may prevent the granting of a **Competition Licence**:

- a. Myocardial infarction.
- b. Myocardial ischaemia.
- c. Coronary artery by-pass surgery.
- d. Coronary Angioplasty.
- e. Valvular Disease of the Heart or other abnormal condition whether operated on or not.
- f. Severe hypertension which has given rise to cardiopulmonary problems.
- g. Any mental or behavioural disorders*, past or present whether or not under treatment with drugs or therapy.
- h. Epilepsy, seizures or any other neurological conditions (and see **Art.6.5.4.8.b. above**)

*As defined in ICD.10 (**International Classification of Diseases**).

6.7.4.10. The following eyesight standards are required to be met by applicants for a **National Licence**. Applicants for **International Licences** please refer to **FIA Standards**, www.fia.com (Appendix L).

- a. Minimum corrected visual acuity must be 6/6 with both eyes open.
- b. Minimum binocular field should measure at least 120 degrees along the horizontal meridian with no defects within the central 20 degrees.

- c. Spectacles, which must be for the sole purpose of correcting eyesight (and/or sun protection), should be fitted with shatterproof lenses. Contact lenses if worn should be certified as satisfactory for motorsport by the ophthalmic specialist who supplied them.
- d. A person who suddenly loses sight in one eye will not be allowed to hold a **Licence** until five years **from complete loss of sight** has lapsed. **After such time, applicants will be considered on a case-by-case basis. Existing monocular vision Licence holders must undertake a yearly vision test.**
- e. Double vision is not compatible with the issue of a **Competition Licence**.
- f. Normal colour vision; method of analysis used should be a pass of the Ishihara test (24 plate version) with the first 15 plates presented in random order, being identified without error. In the case of any anomaly recourse is to the Farnsworth test "Panel D15" or to an analogous system as approved by **ASN**. In any event as well as passing such tests as referred to above there must be no risk of any errors in the perception of the colours of flags or any light boxes (LED or otherwise) used in **Competitions**.

7.5. Race, Truck and Race Venue Karting

7.5.1. For **Race, Truck** and **Race Venue Kart** first time applicants a vision test to include a test for colour blindness is required to **Art.6.74.10 above**.

7.5.2. Applicants renewing from the age of 45 years to 69 years are required to complete a vision test every 5 years see **Art.6.74.10 above**.

7.5.3. Applicants renewing from the age of 70 years and over are required to complete a vision test at the following age intervals: 70, 72 and annually from 74 see **Art.6.74.10 above**.

8.6. Medical Declaration – International Licence Applicants – 560 and over Stress ECG requirements

8.6.1. The stress electrocardiogram shall be carried out to a symptom limitation on a motorised treadmill to a standard Bruce Protocol; an equivalent bicycle ergometric protocol is acceptable. Recording is to be made in 12 leads at rest following hyperventilation and for each minute of exercise and each of ten minutes of recovery. Reason for cessation to be stated; report submitted must be by a specialist accredited in cardiology and signed by a consultant cardiologist.

9.7. Medical Declaration – Disabled Drivers

97.1. When applying for a **Competition Licence** all applicants are required to declare any physical disability.

97.2. Any applicant with a congenital abnormality of any limb, or amputation or with any other disability should first contact **ASN Medical Section Administrator** who will be pleased to advise and help the applicant.

97.3. In addition to the requirements of **Art.4.1 above**, disabled applicants should note the following:

97.4. The following medical conditions may prevent the granting of a **Competition Licence**:

- a. Paraplegia
- b. Hemiplegia
- c. Quadriplegia
- d. Loss of limb.

97.5. Disabled **Drivers** may be required to present themselves for examination by **ASN Medical Consultant**. If required to attend such examination the applicant will be required to provide, in advance, a note from their GP describing the applicant's disability and, if applicable, an opinion from any specialist who has been consulted.

97.6. Any **Driver** or **Co-Driver / Navigator** who has any medical condition or disability or who is currently on anti-coagulant therapy should declare this at the time of **Entry** to an **Event**. Such information is solely for the use of the Chief of **Event** medical services in the event of an accident.

97.7. Disabled **Competitors** in an activity where **Competition Numbers** are required should display the **FIA Non-Ambulant Logo** (as supplied by the **ASN**) on both sides of the **Vehicle** adjacent to the side numbers to alert **Marshals** in the case of an incident. (**Art.97.11**).

97.8. **Competitors** in all disciplines must be able to evacuate the **Vehicle** in a maximum of 10 seconds from the normal seated position with harness / seatbelts fastened and the steering wheel in place.

97.9. Postal applicants for an **RS Clubmans Licence** who answer yes to either of the following questions:

- Do you have any serious medical condition which affects your ability to drive and control a **Vehicle**?

- Are you epileptic or do you suffer from any fits, fainting spells or blackouts or take any medication to control this? may be issued with a **Competition Licence** endorsed **Non-Driver** to allow participation as a **Passenger** or **Navigator**.

97.10. For **Events** other than Hill Rallies and Competitive Safaris **Passengers** applying for an **RS Clubmans Licence** on the day who answer yes to either of the following:

- Do you have any serious medical condition which affects your ability to drive and control a car?
- Are you epileptic or do you suffer from any fits, fainting spells or blackouts or take any medication to control this? are permitted to participate on the day as a **Passenger** or **Navigator** and may be issued with their **Competition Licence** endorsed **Non-Driver** subject to being able to satisfy Art.97.8 above.

97.11.



Date of Implementation: **Immediate**

Reason: Renumbering of section to ensure consistent layout in line with formatting throughout NCR.

4.4.1. updated to align with FIA international medical requirements.

4.10.d - updated to align with the FIA who state drivers suffering from monocular blindness will be examined on a case-by-case basis. Clarification that the five years is from complete loss of sight.