

AVAILABLE DAILY 6 - 10AM



Take a plate and take a seat, or grab & go option with a handy bag!



Order a hot drink; choose from double espresso, americano, cappuccino, latte, flat white or tea.

Tea - Okcal, American Okcal, Flat White - 104kcal, Latte - 144kcal, Cappuccino - 144kcal



Pour a glass of juice - choose from Apple or Orange.

Apple Juice - 114Kcals, Orange Juice - 101Kcals



Choose from a trio of cereals -Cornflakes, Coco Pops or Cheerios

Milk - 113kcal, Cornflakes 189kcal, Cheerios - 192kcal Coco Pops - 193kcal



Scoop yourself a bowl of yoghurt, honey, granola or berry compote

Yoghurt - 105kcals, Granola 101kcals, Honey - 100kcals, Berry Compote - 63 kcals



Pick up a croissant or pain au chocolat.

Croissant - 261 Kcals, Pain au chocolat - 286Kcals



Choose from toast, crumpets or pancakes with butter and a selection of spreads

Pancake - 77kcal, Crumpet - 81kcal, White bread - 85kcal, Malted bread 94kcal



Take your pick from our selection of fruits.

ONLY £8.95

ADD A SAUSAGE OR BACON BAP FOR JUST £2.00

HOT DRINKS

£3.55
£3.55
£3.75
£3.75
£3.55
£2.75
£2.95
£2.95





JOURNEY ONWARD®